



Are you brave enough to catch a wave?

Eat . . . Sleep . . . Swim

Date: March 1, 2011

Cumming Waves Swim Team
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To: The Parents & swimmers of the Cumming Waves Team,

The weather is warming up. Time for swimming and time for the Cumming Waves registration! The Cumming Waves Swim Team will participate in the North Georgia Swim League again this year for Dual Meets, League Meets and our League Championship. We will be in the "A Division" for Districts and State meets through the Georgia Recreation and Park Association.

The head coach for the 2011 season will be Kris Hunt who coached our swim team for many seasons. Kris is excited to return to our team this season and continue to build a great summer swim team. There will be an Assistant Coach to help Kris.

The Waves are pleased to announce that **Cornerstone Schools** will be renting us water time while we are waiting for our new Cumming Aquatics Center to be completed.

Fees for returning swimmers are, ***first child \$150.00, and additional children will be \$140.00 each; this includes all meet entry fees.***

Team swimsuits are suggested. There is a link on our web if you would like to order.

The following rules will apply to the 2011 season:

1. Each swimmer *must be able to swim the length of the pool (25 yards)* to be on the team.
2. A *birth certificate and insurance waiver* must be submitted before a child can swim, Please *submit with your registration form. (Swimmers names that are different than their birth certificates must be accompanied by a signed letter explaining the name they are called.)*
3. Each swimmer *must attend three (3) practices per week, with one (1) of those practices at the Cornerstone Pool to be eligible to swim in the meets.* Excuses for vacations, camps and other such things are understood with special circumstances at the coach's discretion.
4. Each swimmer must swim in at *least three (3) meets and one (1) being the Slash, Invitational or Pentathlon* during the season to be eligible to swim at the District Meet and North Georgia League Championship Meet.
5. A list of meets will be distributed at registration; each swimmer must indicate which meets they will be attending prior to the Season start. A parent and swimmer must sign this "**Meet Commitment Sheet**" with their current/correct cell phone number. A ***seven-day notice must be given to the coach*** if you are unable to attend a meet you previously indicated you would. **This is very important!** It is extremely difficult to plan the relays.

No Show Deposit:

When swimmers fail to attend a meet they have committed to, many times it results in the complete cancellation of a relay for that particular age group.

We are collecting a "Non-Show" deposit of \$25.00 for each child. This deposit will only be cashed should your child be a "Non-Show" at a meet (this is to cover the cost of late entries and cancelled relays).

The cashed check will have to be replaced with another \$25.00 check to swim in any more meets.

The "**Meet Commitment Sheet**" will need to be turned in by the Friday of the first week of practice.



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PRACTICE SCHEDULE:

(The practice schedule below is a rough guide and could change depending on the swimmers skill level and endurance, which will be determined by the Coaches)

May 16th through May 27th (Monday - Friday):

4:30 PM - 8:00 PM (swimmers will be evaluated by the coach for which time slot they will swim.

BEGINNERS 4:30 – 5:30 Intermediate 5:30 – 6:30 – Advanced 6:30 – 8:00

May 31st through season end (Monday - Friday) (*No Practice Memorial Day May 30th*):

4:00 pm – 8:00 pm

- Beginners 4:00- 5:00
- Intermediate 5:00 – 6:00
- Advanced 6:00 – 8:00

(Depending on skill level and endurance, the coach might move a swimmer from one group to another)

A **stroke clinic** for interested parents will be provided. This is a very informative clinic on the correct stroke and turns the swimmers are required to have in order to avoid becoming disqualified. The cost will be paid for by the team for any parents that would like to attend. Good participation in this clinic would greatly assist in facilitating the home meets. If you are interested please contact cummingwaves@gmail.com

We will not be having any home meets this year, but we will be assisting Cornerstone with their home meets. Volunteers will be needed. Please check with a board member to see where you will be needed.

The N.G.S.L. **requires a parent volunteer** for every **10 swimmers competing** from our swim team meets to be timers. A list of volunteers from each team must be submitted prior to the meet to avoid calling for volunteers at the meet start.

If you have any questions, please contact a board member or e-mail us at cummingwaves@gmail.com.

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